

The Jungian Analysts of Washington Association (JAWA) and
The Jung Society of Washington (JSW) present:

TRANSFORMING TRAUMA
Through Myth and Image
from African Village to American Inner City

Saturday, September 26, 2015

8:30 AM to 5:00 PM —12:00 to 1:30 Lunch on Your Own
GEORGE MASON UNIVERSITY, FOUNDERS HALL ROOM 111
3351 North Fairfax Drive, Arlington, VA 22201
Metro: Orange Line, Clarendon or Virginia Square

PROGRAM

In recent years much attention has been given to the study and treatment of traumatized individuals in the clinical setting. But what of the communities that suffer monumental social problems in the face of our contemporary global epidemic of collective violence? How might traumatized communities heal the brokenness that trauma imposes upon social and cultural identity? This symposium views collective trauma through the unique lens of Jungian psychological theory and demonstrates how two distinguished Jungian practitioners work toward transformation of trauma outside the bounds of the consulting room.

A.M. Session: On the Art of Social Transformation: A Depth Psychology Perspective
Presenter: **DR. EBERHARD RIEDEL, Jungian Analyst, Seattle, Washington**

Stemming from his extensive work in the Democratic Republic of the Congo, Dr. Riedel will demonstrate how “purposeful action” energizes communities to overcome the paralysis of trauma and effects long-term change.

P.M. Session: The Message of Myth: Finding Meaning and Healing on the Journey
Presenter: **DR. G. KWAME SCRUGGS, Founder & Director of Alchemy, Akron, Ohio**

Dr. Scruggs will speak of his twenty-year odyssey fostering the development of urban American youth through myth-telling. Participants will experience this unique approach through personal engagement with an ancient African myth.

To register: www.jung.org

General Admission: \$90; Admission plus 6 CEs for psychologists: \$100

This program is sponsored by The Jungian Analysts of Washington Association (JAWA). JAWA is approved by the American Psychological Association to sponsor continuing education for psychologists. JAWA maintains responsibility for this program and its content.

FOR FURTHER DETAIL SEE BELOW OR GO TO: www.jungiananalysts.org

GMU Arlington campus map available at <http://info.gmu.edu/Maps/ArlingtonMap14.pdf>
Parking highlighted in purple.

TRANSFORMING TRAUMA THROUGH MYTH AND IMAGE FROM AFRICAN VILLAGE TO AMERICAN INNER CITY

On the Art of Social Transformation: A Depth Psychological Perspective

Jungian Analyst Dr. Eberhard Riedel, shares insights stemming from his extensive work with traumatized communities in the eastern Democratic Republic of the Congo (DRC). Going beyond conventional approaches, Dr. Riedel portrays contemporary traumatic events as the resurfacing of unresolved historical trauma. After tracking the evolution of psychosocial processes that lead to self-propagating patterns of collective and cultural trauma, Dr. Riedel presents a dynamic model for collective trauma, offering a cyclical approach to social transformation formulated as a paradigm of purposeful action. As such, the methodology offers a shift in focus from crisis intervention to long-term change, where purposeful action energizes traumatized communities to gradually overcome the paralysis of trauma. Audience members will have the opportunity to apply the cyclical empowerment approach on a social problem of their concern.

Eberhard Riedel, Ph.D., D.C.S.W., is a clinical social worker, Jungian psychoanalyst, and photographer living in Seattle, WA. He is founder and director of *Cameras Without Borders: Photography for Healing and Peace*. Paradoxically, his prior interests as Professor of Physics, with research specialty in cooperative phenomena in condensed matter systems, prepared him for his encore work with collectively traumatized communities. His fieldwork in crisis areas in Africa received support from Friends of *Cameras Without Borders* and grants from the Pettit Foundation. Riedel has been recognized as 2014 Purpose Prize Fellow by the Encore organization. His project is sponsored by the Blue Earth Alliance, photography inspiring social change. For more information about Dr. Riedel: www.cameraswithoutborders.org/blog.htm

- 9:00 – 9:30 a.m. Theoretical Foundations: individual versus collective trauma. Video. Implications for working with traumatized communities.
- 9:30 – 10:15 a.m. A dynamic model for collective trauma.
- 10:15 – 10:30 a.m. Break.
- 10:30 – 11:30 a.m. Depth psychological perspectives and complex social problems.
- 11:30 – 12:00 p.m. Discussion. Practicing the method of purposeful action.

- Noon — 1:30 p.m. Lunch on your own

The Message of Myth: Finding Meaning and Healing on the Journey

Dr. G. Kwame Scruggs, Founder and Executive Director of Alchemy, a non-profit organization based in Akron, Ohio, will speak of his twenty-year odyssey fostering the development of male urban youth through myth-telling. Having worked with groups of over 1,750 American youths (and as recorded in the documentary film “Finding the Gold Within”), Alchemy was a recipient of the 2012 National Arts and Humanities Youth Program Award—the nation’s highest honor for after-school and out-of-school programs. Dr. Scruggs will demonstrate his unique approach by engaging us in the telling, discussion, and analysis of an ancient African myth. Participants will discover elements of the myth that they are personally living, including unseen burdens they may be carrying while walking the road of life.

G. Kwame Scruggs holds a Ph.D. and M.A. in Mythological Studies with an emphasis in Depth Psychology from Pacifica Graduate Institute in Santa Barbara, California, and a M.S. degree in Technical Education with an emphasis in Guidance and Counseling from the University of Akron. He is also a Certified Facilitator of the Akan System of Life Cycle Development (African-based rites of passage). For more information about Dr. Scruggs and Alchemy, Inc.: www.alchemyinc.net

1:30–1:40 p.m.	Introduction: The Six Serving Persons (Who, What, Where, Why, How, When).
1:40–2:45 p.m.	Telling, Discussion and analysis of myth. Activities.
2:45–3:00 p.m.	Break
3:00–4:30 p.m.	Continuation of myth, discussion and analysis. Activities.
4:30–5:00 p.m.	Summary and Evaluation

Target Audience, Educational Methods and Objectives

This is an introductory level symposium for psychologists, psychotherapists, community leaders, teachers, social workers, students, clergy and policy makers. Presentations combine lecture, discussion, multi-media and participant exercises. At completion of this program participants will be able to:

1. Differentiate signs of psychological trauma in the individual from those found in a social group
2. Recognize the relevance of collective trauma to social problems, such as educational deficits, violence, and poverty
3. Apply the method of purposeful action to design community-based interventions
4. Link impediments to individual psychological development with traumas held by the community to which the individual belongs
5. Delineate the difference between direct trauma and epigenetic transmission of trauma

6. Demonstrate how intergenerational dimensions of trauma obstruct the individual when approaching life tasks/goals
7. Identify the recurring features of myths that make them viable therapeutic tools in working with individual and collective trauma
8. Approach a myth psychologically, comparing and contrasting situations in the myth to situations in contemporary life
9. Utilize cross-cultural agency with traumatized communities through use of myth and story

Financial Disclosures

Dr. Riedel and Dr. Scruggs have each signed financial disclosure forms indicating no conflict of interest.

For Further Study

Finding the Gold Within (2014), feature-length documentary by Karina Epperlein.

Riedel, E. (2014). "A Depth-Psychological Approach to Collective Trauma in Eastern Congo." *Psychological Perspectives*, 57(3), 249-277.

Riedel, E. (2013). "My African Journey: Psychology, Photography, and Social Advocacy." *Psychological Perspectives*, 56(1), 5-33.

Riedel, E. (2009). "Fundamentalism and the Quest for the Grail: The Parzival Myth as a Postmodern Redemption Story." *Psychological Perspectives*, 52(4), 456-481.

<http://imowblog.blogspot.com/2015/05/collective-trauma-and-creativity.html>

THE JUNGIAN ANALYSTS OF WASHINGTON ASSOCIATION (JAWA)

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